

Teachers' Guide

Discuss with the children the value of self-control (**self-control happens when we think before instantly reacting to how we feel**).

There will always be things, moments and people that can make us feel angry or silly. But we can make a big difference by controlling our feelings, words and actions.



Watch Rocking Rodney and self-control.



Invite the children to share their ideas and discuss what they think about self-control and what happened in the Rocking Rodney movie. Children can hold the Values Teddy whilst they are sharing their thoughts about each question.



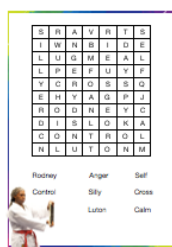
Invite the children to identify the pictures that show and/or express the value of self-control.



Invite the children to play 'spot the difference'.

Activities

Word-search



Look and See



Colouring

